

# **The Heart Wish of Mahamudra**

## **For Winter retreat**

Edited from Rangjung Dorje's text, some verses removed.

OM AH HUM

1. May all teachers, Bodhisattvas, and Buddhas grant Adhisthana, since you are our utmost refuge.
2. May all beings enter the path and become Buddhas.
3. May all beings on the path find support for their practice.
4. May all beings on the path find the Dharma in each lifetime.
5. May all beings cause the three wisdoms to blaze forth.
6. May we know continually, without mistakenly denying it or affirming it, the Heart and Mind.
7. May confusion about this Mind, which is both clarity and emptiness, be cleared up.

8. May we always remain undistracted by mistaken views regarding the Mind.

9. May we see all things as the display of empty Heart Mind, cutting to the source of our ignorance.

10. May we destroy ignorance, recognising ourselves and the world as the spontaneous display of this emptiness.

11. ...

14. May we not mistakenly assert or deny this Mind, since it is this world-display, its emptiness, our realisation, our confusion, and everything that arises and ceases.

15. May we discover, master and maintain the art of resting in the natural state, just as it occurs.

16. May we be stable in shamatha, knowing thought to be inherently calm, and the Heart at rest in itself.

17. May the Mind by itself break through all doubt as to its own nature, repeatedly looking and recognising itself in vipashyana, invisible though it is.

18. May we see that in objects one is

really seeing the Heart Mind, and that that is itself empty, so that duality collapses.

19. ...

21. May we realise the simplicity of the Dharmata, wherein attachment both to good experience and negative thought is self-liberated, gone beyond any urge to give up, adopt, get rid of, or attain things.

22. May compassion arise uncontainably for all who suffer, not realising they have always been awakened.

23. May we practise day and night this path, appreciating the emptiness that is laid bare in compassionate response.

24. May every heart-wish be fulfilled, every being ripened, and every Buddhafield purified; may vision and knowledge arise.

25. May the heart-wish of all beings be fully accomplished through all that is good, with the compassion of Buddhas and Bodhisattvas throughout the ten directions of space.

