

# Maha Karunika Puja

We sit here as in a pure land,  
Around us, the sentient beings of the three realms,  
Vast —  
Equal to the limits of space.

Ho!

*To Guru Sangharakshita, I call.*

From now until I gain awakening  
I turn towards the Buddha, and the Dharma,  
And also the noble Sangha  
To the greatest of these Noble Ones,  
I call  
O quintessence of Great Compassion,  
Expressed in skilful Play  
To you, I call.  
To all my teachers, right to the Buddha,  
I call.

Grant your blessing  
That my mind turns to the Dharma  
Grant your blessing  
That my Dharma follows the Path  
Grant your blessing  
That the Path dissolves my illusion  
Grant your blessing  
That appearances arise as Dharmadhatu  
Grant your blessing  
That unDharmic thoughts don't arise  
Grant your blessing  
That love and compassion do arise  
And that both Bodhicittas abundantly flower

Then

Explain.

- it's a puja
- mantra + offerings as usual.
- Bodhicitta verse refuge,
- Sunyata mantra
- Eptuhen netat
- Then start visualization:
- reflection on form + emptiness
- Request for pointing out instructions.
- Pointing out verse.
- Letting go meditation.
- Then visualize make circle at heart + recite mantra - muttered in own time.
- find transference of merit

MUSIC 

MANTRA, OFFERINGS

For the sake of all beings  
Equalling the skies  
Who have been my mother  
I will gain unsurpassable awakening  
I will practice this profound yoga  
Path of all the Buddhas”

Recite seven times

Then:

Om svabhavasuddha sarvadharmasvabhavasuddho ‘ham

**EMPTINESS MEDITATION**

From the limitless dimension, Dharmadhatu  
A wish fulfilling throne of jewels,  
A lotus seat unspotted by samsara,  
A moon disc, perfect clarity and light,  
Is where I sit.  
Avalokitesvara, embodiment of all Buddhas  
Am I



The colour of spotless conch and water crystal  
Whose very pleasant smiling face  
Is calm and graceful.  
I hold my palms together at my heart  
Above I hold a crystal mala  
And a lotus with a jewel  
Dressed in delightful silks and jewels  
Handsome with my long dark hair and topknot

Above my head I feel the presence  
Chief of all sources of refuge  
You who unite the timeless awareness of the Buddhas  
O well pleased Lord  
Of the Lotus Family.

I myself, as the body of the deity  
Am like the appearance of a reflection in a mirror  
Am myself the dance of illusion  
Am the union of appearance and emptiness  
Beautiful like a dancer appearing in diverse costumes  
A comely reflection of the appearances of mind.  
Precious teacher above me  
Let me hear the pointing out instruction  
O truly complete Buddha Measureless Light  
Please look on me with a loving heart

Grant your blessing  
To wipe away the obscurement of my evil acts  
And quickly fill my stock of merit and wisdom  
Grant your blessing  
So pure samadhi may arise  
Grant your blessing  
That I swiftly gain Buddhahood.

Dharma is what pervades samsara—  
Nirvana—  
Happiness—  
And suffering  
And the root of all Dharmas is my own mind.  
In mind there is no colour and no shape  
Being no thing by nature  
It is empty of 'one' and 'many'  
Being empty—  
It is free of arising, ceasing and dwelling  
Being free—  
It is unceasing clear appearance  
Where all constructs come to rest  
This mind of peace is unbounded and free  
Let go and relax free from all activity

## LETTING GO MEDITATION

Now inside, within my heart  
Upon a lotus moon  
The letter: **HRIH**  
Encircling it is the mantra of six syllables  
And light rays issue forth  
Urging the Jina's compassion  
For the welfare of the six classes of beings

OM MA NI PA DME HUM

[Voiced, repetitive in threes, cloud style]

Offerings can also be made here (and elsewhere in the ritual also)

The vision dissolves into light and merges into us all.

By this good act may I and other sentient beings  
In this life live long, have good health and meet the true Dharma  
In the next, being born in the Sukhavati field  
May we swiftly attain the rank of Avalokita!  
With body, speech and mind seen always  
As the deity, his mantra and jnana,  
Fulfil all beings' welfare through the power of compassion,  
And accomplish all the deeds of Bodhisattvas  
In this life, the next, and the Bardo in between  
May we never let go the hook of compassion,  
Of the Buddha Measureless Light,  
And be preserved from all downfall.

Freely adapted by Kamalashila from the 'Sadhana of Mahakarunika and Mahamudra Conjointly,' translations by Tillman Lhundrup and John Driver