

THE SADHANA OF SRI SAHAJI VAJRAYOGINI

THE SWIFT PATH OF THE SUPREME GREAT SECRET

First of all, go for refuge to the Three Jewels and generate the Bodhicitta. Then everything dissolves into the clear blue boundless sky arising in every direction of space.

OM SVABHAVA SUDDHAH SARVA DHARMAH SVABHAVA SUDDHO 'HAM

Then, arising from Emptiness, is a triangle, the Dharmodaya. It has the fine tip pointing downwards and the broad base pointing upwards. It is white on the outside

and red on the inside. It is vast and spacious, and in the middle of it are a lotus, a corpse, and a sun-disk seat. On the seat is a red letter HRIH embodying my consciousness.

Rays of red light stream out from it and make offerings to the Noble Ones. The light purifies the evil deeds and obscurations of all sentient beings who are transformed into Vajrayoginis. Then the light is gathered back and dissolves into the HRIH.

Then, like a fish leaping from water, I arise as the body of Jetsun Vajrayogini. She has one face and two arms and her body is red and completely blazing with rays of light. She is dancing and in her two hands she holds a vajra flaying knife and a skull cup of blood.

She is united with the Heruka in a secret way, as the khatvanga held over her shoulder. Like a sixteen year old, her breasts swell in the full bloom of youth. Since she is the knower of the past, present, and the future, she rolls her three furious eyes. Her wrathful face subdues the four Maras. Her dark brown hair streams upwards.

Sm'ce she manifests the five families, she is adorned on her head with a crown of five skulls. Because the fifty-one mental states are completely purified, she wears a necklace of fifty-one freshly severed heads. She is adorned with the five mudras, a garland of red flowers, and with various bone ornaments. She stands on a seat of a lotus, a corpse, and sun-disk with her left leg bent and her right leg raised in dancing posture.

At the top of her head, from HA, arises the blue Vajrayogini. She is surrounded by her retinue of thirty-two heroines who are like her.

At her throat center, from RI, arises the yellow Ratnadakini. She is surrounded by her retinue of sixteen heroines who are like her.

At her heart center, from N1, arises the red Padmadakini. She is surrounded by her retm'ue of eight heroines who are like her.

At her navel center, from SA, arises the green Karmadakini. She is surrounded by her retinue of sixty-four heroines who are like her.

In the secret place of the chief Dakini is the Dharmodaya, the source of dharmas, triangular, and glowing like an ember. In the center of it is a red HRIH. In the heart

centers of the four retinue Dakinis are HA, RI, NI, SA. From the five syllables light rays stream out. They invite from the land of Uddiyana, the Jetsun Vajrayogini along with the host of Dakinis of the four families, (surrounded by an immeasurable assembly of Gurus, Yidams, Buddhas, and Bodhisattvas.) They come to rest in the sky before me. Vajrasamajah.

From their bodies, innumerable forms of Vajrayogini and her retinue descend. As they dissolve into the top of my head, joy and power arise.

From their speech comes a garland of vowels and consonant mantras, red and white. As they dissolve into my throat, energy and power arise.

From their hearts comes a stream of Bodhicitta, of the nature of the five wisdoms. As it dissolves into my heart, the wisdom of bliss and Emptiness arises in my being.

The Devis dissolve into each other and we become inseparable. My crown is adorned with Vairocana and the Dakinis of the four chakras are adorned with the other Jinas.

In the secret place of the chief Dakini, in the middle of the Dharmodaya, is a red HRIH. The mantra garland rotates anti-clockwise around the HRIH and the syllables in the heart centers of the four Dakinis. Recite the mantra: OM VAJRAVAIROCANIYE (HA RI NI SA) HUM HUM PHAT SVAHA

Next is the dissolution and completion stage:

Light from the letter HRIH in the secret place dissolves the environment and its inhabitants. I am dissolved from the top of my head and the soles of my feet into the secret place, which dissolves into the mantra circle and into the HRIH. That dissolves into the bindu, and then into the nada, passing into Sunyata beyond conceptions.

As long as it remains, rest in Sunyata, in the mind's natural luminosity. Remaining in this as much as you can, rest in the nature of Mahamudra.

Again, from Sunyata, I manifest as Vajrayogini, Empty yet apparent like an illusion to accomplish the welfare of beings in the world as long as Samsara lasts.

Concluding Dedication

By this merit may all sentient beings without exception realise the vajra mind.

Unifying skilful means and wisdom in the eternal bliss, may they attain deathlessness. Through the inner path may they go to the Vajra state.

I dedicate this so that they may attain Buddhahood.

By this virtue may I quickly realize Mahamudra

So that all beings without one exception may be liberated at that bhumi.

By the blessings of having obtained the three bodies of a Buddha By the blessings of the true unchanging Dharmata,

And by the blessings of the indestructible intentions of the Sangha, May this dedication and aspiration be accomplished.